

# XE195 ELLIPTICAL



The XE195 is our base elliptical model, offering the same reliability as our other versions but at a more affordable price. It includes user-friendly features such as a vivid blue backlit console, heart rate grips, and a smooth aluminum track system with a 20" stride length, making it ergonomically suitable for different users of all fitness levels.

## FEATURES

- 7.5" bright blue backlit LCD screen
- A durable single-track system with concave roller wheels and aluminum rails
- A 2" pedal spacing and 2-degree inversion angle ensure comfortable foot placement for users of all sizes
- A smooth 20" stride ensures optimal user comfort
- Bluetooth FTMS for Interactive Training with 3rd party apps

### CONNECTS TO:



SPIRIT+



FITBIT\*



ZWIFT



APPLE HEALTH KIT\*



KINOMAP



MAP MY FITNESS\*

AND MORE!

\*CONNECTS VIA SPIRIT+ APP



7.5" bright blue backlit LCD

Reading Rack Ledge

Adjustable Cooling Fan

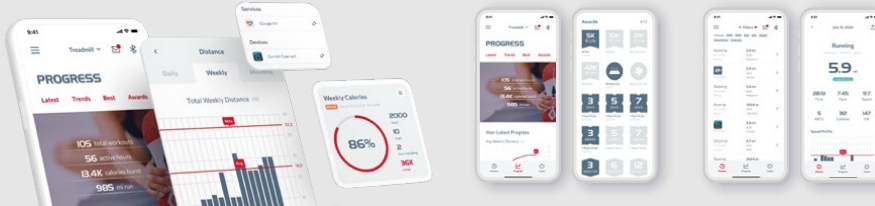
Direct-Access Level Buttons

Handlebar Level Control

Hand Pulse Sensors



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	7.5" bright blue backlit LCD, Heart Graph, Adjustable Fan, Child Lock
Programs	Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Time, Distance, Calories, 2 Custom
Heart Rate	Contact & Telemetric, Chest Strap Not Included
Incline	20 Levels
Track System	Single Aluminum Rail Tracks
Stride Length	508mm
Flywheel	11 kg
Handlebars	Multi Position Grip - Coated
Foot Pedals	2" Pedal Spacing (Q-Factor), 2-Degree Inversion, Cushioned
Dimensions	1785 x 550 x 1635mm
Product Weight	78 kg
Max User Weight	120kg