

MOVE YOUR SPIRIT



BLUETOOTH®-ENABLED CONSOLE



ISOKINETIC RESISTANCE



INTEGRATED WINDSCREEN

The AB900+ is a classic design of a classic modality. With its air-driven, isokinetic resistance system, this air bike is a powerful tool for all types of training situations – from low RPM, low load rehabilitation to high performance, high Watt output interval training. Resistance matches the user’s effort and accommodates upper-body only and total body exercise. The compact design and eco-friendly rider-powered console allows the AB900+ to be placed anywhere in a facility for easy programming integration.

FEATURES:

- Rider-powered, Bluetooth®-enabled console with program quick keys and full display.
- Isokinetic resistance delivers simultaneous upper and lower-body resistance allowing the user to emphasize pushing and pulling or experience a total-body workout.
- Highly durable to accommodate even the most challenging high intensity interval workouts.
- Standard, integrated windscreen to prevent blowback for user comfort.

AB900+ AIR BIKE



CONSOLE FEATURES

DISPLAY	interval, target time, distance/calories, watts/speed/RPM, and heart rate
WORKOUT SUMMARY	quick start, target time, target distance, target calories, target heart rate, interval 20-10, interval 10-20, interval custom
FUNCTION KEYS	total time, total distance, total watts
TELEMETRIC HEART	up, down, start, stop, enter, Bluetooth
RATE RECEIVER	5KHz supports most heart rate chest straps

SPECIFICATIONS

RESISTANCE	isokinetic, air resistance
DRIVE SYSTEM	1/8" chain
SEAT ADJUSTMENT	up/down – locking pop-pin, fore/aft – lever lock
PEDALS/FOOTREST	flat, platform-style pedals with anti-skid surface/knurled footrests for upper-body only workout
ELECTRICAL REQUIREMENTS	self-contained power supply, not external power needed (console requires 4 AA batteries)
FRAME CONSTRUCTION	welded steel construction with bolt-on floor stabilizers
LEVELER FEET	rubber to protect flooring
DIMENSIONS	1212 x 704 x 1376mm
PRODUCT WEIGHT	56kg / 123lb
MAX. USER WEIGHT	205kg / 450lb
CERTIFICATE	CE(EN957), FCC