



Spirit ISO Incline Chest Press

SKU: SPE-PL-3005

- ✓ Designed & manufactured in our UK factory
- ✓ Conforms with ISO/CEN equipment standards
- ✓ Commercial use structural lifetime warranty

The Spirit Plate Loaded Incline Chest Press is made in Britain to be extremely durable and expertly engineered to develop the upper chest with precision and control.

The angled incline position is optimised to target the upper pectorals, while the 7-position adjustable backrest glides smoothly on a linear track with premium bearings for seamless adjustment. A 9-position spring-assisted seat ensures perfect alignment and comfort for every user, while horizontal grips mimic the feel of a traditional bench press for an authentic lifting experience. Independent arms allow each side of the body to work separately for balanced muscle development and a natural feel.

Complete with dual band pegs to offer dynamic resistance options that supports progressive training methods such as explosive power and assisted lifts. The Spirit Incline Chest Press is built for long-term durability in any high-use training environment.

Standard Colour Options



Features

Adjustable Seat

Spring-assisted adjustable seat with 9 positions for precise alignment and quick setup.

Independent Arms

Independent arms allows each side of the body to work on its own for balanced muscle development.

Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

Adjustable Backrest

7-position backrest with premium linear bearings for perfect alignment and ultra smooth adjustments.

Dynamic Resistance

Includes dual band pegs for dynamic resistance options and progressive training methods.

Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

Horizontal Grips

Horizontal grips mimic the feel of a traditional bench press for an authentic lifting experience.

High Impact Feet

High impact ABS plastic feet with concealed floor fixing points protect gym floors and can be used for added stability.

Made in Britain

Designed and manufactured in Great Britain for superior build quality.

Specifications

SKU

SPE-PL-3005

Length

1293mm / 50.9"

Width

1754mm / 69.1"

Height

1495mm / 58.9"

Weight

155kg / 341.8lbs

Start Weight

Max Load

320kg / 705.5lbs

Storage

Optional 4 Storage Horns

Frame


80x80x3mm / 70x70x3mm

Certifications

EN ISO 20957-1 / EN 957-2

Warranty

Lifetime - Full Commercial

 MADE IN BRITAIN

SPIRIT

SPIRITFITNESS.STORE