



Spirit ISO Flat Chest Press

SKU: SPE-PL-3015

- ✓ Designed & manufactured in our UK factory
- ✓ Conforms with ISO/CEN equipment standards
- ✓ Commercial use structural lifetime warranty

The Spirit Plate Loaded ISO Flat Chest Press delivers advanced biomechanics for controlled and powerful pressing. Designed and manufactured in the UK from a heavy-duty combination of 80mm and 70mm steel box, it offers uncompromising durability to withstand any training environment.

Unlike any other, the Spirit Flat Chest Press is designed with spring assisted adjustable arms with 4 positions to offer precise setup and range of motion control for every user. Independent arms promote balanced strength development and allow each side of the body to work on its own for a natural, free-weight style pressing motion. Integrated band pegs are also available to provide dynamic resistance options.

Standard Colour Options



Black
9005

Slate Grey
M2009E

Silver
MW109D

White
9016

Red
3002

Yellow
1021

Blue
5002

Green
6018

Features

Adjustable Arms

Spring assisted adjustable arms with 4 positions to offer precise setup and range of motion control for every user.

Independent Arms

Independent arms allows each side of the body to work on its own.

Dynamic Resistance

Includes dual band pegs for dynamic resistance options.

Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

High Impact Feet

High impact ABS plastic feet with concealed floor fixing points.

Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

Made in Britain

Designed and manufactured in Great Britain for superior build quality.

Specifications

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Length

1704mm / 67.1"

Width

1780mm / 70.1"

Height

891mm / 35.1"

Weight

124kg / 273.4lbs

Start Weight

12kg / 26.5lbs

Max Load

320kg / 705.5lbs

Storage

Allows 4 Storage Horns

Frame

80x80x3mm / 70x70x3mm

Certifications

EN ISO 20957-1 / EN 957-2

Warranty

Lifetime - Full Commercial

 MADE IN BRITAIN

SPIRIT

SPIRITFITNESS.STORE