

# Spirit ISO Standing Chest Press

SKU: SPE-PL-3016

- Designed & manufactured in our UK factory
- Conforms with ISO/CEN equipment standards
- Commercial use structural lifetime warranty

The Spirit Plate Loaded ISO Standing Chest Press is engineered to deliver powerful pressing with greater body control while also engaging a wider muscle range. Designed and manufactured in the UK from a heavy-duty combination of 80mm and 70mm steel box, it offers long-term durability for high-performance and commercial facilities.

This machine features a large platform with anti-slip footplates for secure footing, and a 7-position adjustable backrest for optimal user positioning. Large ergonomic handles with multiple grip points offer a comfortable and versatile hold for users of all sizes. Independent arms ensure balanced development and allow each side of the body to work independently, while dual band pegs provide dynamic resistance options.



## Standard Colour Options



## Features

### Adjustable Backrest

7-position backrest with premium linear bearings for ultra smooth adjustments.

### Dynamic Resistance

Includes dual band pegs for dynamic resistance options.

### High Impact Feet

High impact ABS plastic feet with concealed floor fixing points.

### Anti-Slip Platform

Equipped with a large platform and anti-slip footplates for secure footing.

### Independent Arms

Independent arms allows each side of the body to work on its own.

### Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

### Ergonomic Handles

Large, ergonomic handles with multiple grip points for varied hand positions and users.

### Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

### Made in Britain

Designed and manufactured in Great Britain for superior build quality.

## Specifications

### SKU

SPE-PL-3016

### Length

1244mm / 49"

### Width

1660mm / 65.4"

### Height

1765mm / 69.5"

### Weight

162kg / 357.2lbs

### Start Weight

10kg / 22.1lbs

### Max Load

320kg / 705.5lbs

### Storage

N/A

### Frame

80x80x3mm / 70x70x3mm

### Certifications

EN ISO 20957-1 / EN 957-2

### Warranty

Lifetime - Full Commercial