

Spirit ISO Pectoral Fly

SKU: SPE-PL-3018

- Designed & manufactured in our UK factory
- Conforms with ISO/CEN equipment standards
- Commercial use structural lifetime warranty



The Spirit Plate Loaded ISO Pectoral Fly is engineered to deliver precise chest isolation with a superior range of motion and maximum comfort. Designed and manufactured in the UK from a heavy-duty combination of 80mm and 70mm steel box section, it offers unmatched durability for high-performance and commercial training environments.

The Spirit Pec Fly features a spring-assisted adjustable seat with 9 positions for perfect alignment, while its large wingspan allows for a greater and natural range of motion with unrestricted movement. Independent arms enable each side of the body to work separately to promote balanced muscle development, and oversized handles provide multiple grip options to target the pecs from different angles. Integrated band pegs offer dynamic resistance, allowing users to incorporate bands for progressive overload or assisted training.

Standard Colour Options



Features

Adjustable Seat

Spring-assisted adjustable seat with 9 positions for precise alignment and quick setup.

Dynamic Resistance

Includes band pegs for dynamic resistance options.

High Impact Feet

High impact ABS plastic feet with concealed floor fixing points.

Oversized Handles

Equipped with oversized handles for varied hand positioning and comfort.

Independent Arms

Independent arms allows each side of the body to work on its own.

Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

Large Wingspan

A large wingspan allows for a greater and natural range of motion.

Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

Made in Britain

Designed and manufactured in Great Britain for superior build quality.

Specifications

SKU

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Length

1456mm / 57.4"

Width

2020mm / 79.6"

Height

1020mm / 40.2"

Weight

126kg / 277.8lbs

Start Weight

Max Load

320kg / 705.5lbs

Storage

Allows 2 Storage Horns

Frame

80x80x3mm / 70x70x3mm

Certifications

EN ISO 20957-1 / EN 957-2

Warranty

Lifetime - Full Commercial