

Spirit Pullover

SKU: SPE-PL-3060

- Designed & manufactured in our UK factory
- Conforms with ISO/CEN equipment standards
- Commercial use structural lifetime warranty

The Spirit Plate Loaded Pullover is precision engineered to deliver one of the most effective upper body movements, combining advanced biomechanics with world-class build quality. Designed and manufactured in the UK from a heavy-duty combination of 80mm and 70mm box section, this machine offers exceptional functionality and durability, making it a staple for elite training facilities.

It features a spring-assisted adjustable seat with 9 positions and a 7-position back pad to guarantee perfect alignment for every user. The variable CAMs match the natural strength curve to ensure smooth and consistent resistance across the full range of motion, while the counterbalanced arms reduce the starting resistance for controlled exercise initiation and proper form. The dual cable system enhances control and minimises friction to create a consistent fluid movement.

The Spirit Pullover provides ergonomic elbow pads to offer support during each repetition and promote proper arm alignment while reducing stress on the biceps and triceps. Complete with an assisting foot lever so users can assume the starting position without unnecessary strain.

Standard Colour Options



Features

Dual Variable CAM

Engineered to match the natural strength curve and provide smooth, consistent resistance across the full range of motion.

Adjustable Seat

Spring-assisted adjustable seat with 9 positions for precise alignment and quick setup.

Lever Assist

Equipped with a lever assist, allowing users to easily get into the starting position without unnecessary strain.

Counterbalanced Arms

Counterbalanced arms reduce the starting resistance for smoother exercise initiation, allowing a controlled start and proper form.

Adjustable Backrest

7-position backrest with premium linear bearings for perfect alignment and ultra-smooth adjustments.

Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

Dual Cable System

A dual cable system enhances control and reduces friction for a consistent and fluid movement.

Ergonomic Pads

Ergonomic elbow pads promote proper arm alignment and reduce stress on biceps and triceps.

Made in Britain

Designed and manufactured in Great Britain for superior build quality.

Specifications

SKU

SPE-PL-3060

Length

1600mm / 63"

Width

1302mm / 51.3"

Height

1683mm / 66.3"

Weight

272kg / 599.7lbs

Start Weight

3.5kg / 7.8lbs

Max Load

320kg / 705.5lbs

Storage

Optional 4 Storage Horns

Frame

80x80x3mm / 70x70x3mm

Certifications

EN ISO 20957-1 / EN 957-2

Warranty

Lifetime - Full Commercial