



# Spirit ISO Leg Extension

SKU: SPE-PL-3100

- ✓ Designed & manufactured in our UK factory
- ✓ Conforms with ISO/CEN equipment standards
- ✓ Commercial use structural lifetime warranty

The Spirit Plate Loaded ISO Leg Extension is designed to build the quadriceps and strengthen the knee extension, making it an essential tool for lower body development. Manufactured in the UK from heavy-duty steel and premium components, it is made to withstand the demands of commercial gyms.

The Spirit ISO Leg Extension offers independent leg training for balanced strength development and features a 7-position adjustable backrest, angled for optimal alignment and to keep the user stable throughout the exercise. The self-adjusting rollers automatically conform to the user's legs for enhanced comfort and consistent contact. Handles are positioned on either side of the seat to offer additional support and stability, while helping the user to maintain the correct posture. Complete with band pegs for variable resistance, and high impact feet that include hidden floor fixing points.

### Standard Colour Options



## Features

### Independent Legs

Independent legs allows each side of the body to work on its own for balanced development.

### Precision Alignment

The angled backrest ensures optimal alignment and comfort while keeping the user stable throughout the exercise..

### High Impact Feet

High impact ABS plastic feet with concealed floor fixing points protect gym floors and can be used for added stability.

### Adjustable Backrest

7-position backrest with premium linear bearings for perfect alignment and ultra smooth adjustments.

### Support Handles

Handles located on either side of the seat offer support and stability during each rep and help users maintain proper posture.

### Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

### Self-Adjusting Rollers

Features self-adjusting leg rollers that automatically conform to the user's legs for enhanced comfort and consistent contact.

### Varied Resistance

Equipped with band pegs for varied resistance and advanced training methods.

### Made in Britain

Designed and manufactured in Great Britain for superior build quality.

## Specifications

### SKU

SPE-PL-3100

### Length

1433mm / 56.6"

### Width

1563mm / 61.6"

### Height

1129mm / 44.5"

### Weight

139kg / 306.5lbs

### Start Weight

### Max Load

320kg / 705.5lbs

### Storage

N/A

### Frame

80x80x3mm / 70x70x3mm

### Certifications

EN ISO 20957-1 / EN 957-2

### Warranty

Lifetime - Full Commercial