



Seated Biceps Curl

SP-3506

FEATURES

- Angled arm pad helps to reduce shoulder involvement and maintain focus on Biceps
- Pivoting grip bar adjusts for varying forearm lengths and maintains alignment with axis of rotation
- Seat adjustment is used to align elbows with machines axis of rotation
- Built-in storage at top of tower for phone and water

PRODUCT DIMENSION | 1379 x 894 x 1592mm / 54" x 35" x 63"

WEIGHT STACK | 90kg / 195lb (15lb x 13 pcs)
The incremental weight : 7.5lb

PRODUCT WEIGHT | 209kg / 458lb

