



## Seated Row

SP-3507

## **FEATURES**

- · Grips pivot and rotate to self-adjust and help maintain focus on back muscles
- · Adjustable seat and chest pad provide ideal positioning and proper pulling technique
- Unilateral and bilateral motions for correcting muscle imbalances
- · Built-in storage at top of tower for phone and water

PRODUCT DIMENSION	1534 x 1064 x 1592mm / 60" x 42" x 63"
WEIGHT STACK	110kg / 240lb (15lb x 16 pcs) The incremental weight : 7.5lb
PRODUCT WEIGHT	265kg / 585lb

