



Abdominal

SP-3511

FEATURES

- Independently moving straps allow for oblique motions
- Multiple hand grip positions for adjustable range-of-motion
- Rounded back pad allows for some spinal extension during crunches
- Built-in storage at top of tower for phone and water

PRODUCT DIMENSION	1069 x 1143 x 1572mm / 42" x 45" x 62"
WEIGHT STACK	90kg / 195lb (15lb x 13 pcs) The incremental weight : 7.5lb
PRODUCT WEIGHT	221kg / 484lb

