



Low Row

SP-3523

FEATURES

- Traditional row exercise challenging stabilization ability and all muscles of the back
- Declined angle of pad helps with stabilization during heavy lifts
- Low position of pulling handle helps keep elbows down, along sides of body
- Built-in storage at top of tower for phone and water

PRODUCT DIMENSION	1810 x 1150 x 1592mm / 71" x 45" x 63"
WEIGHT STACK	110kg / 240lb (15lb x 16 pcs) The incremental weight : 7.5lb
PRODUCT WEIGHT	282kg / 622lb

