



**Abdominal / Back Extension**

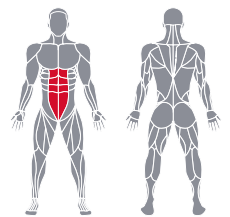
SP-4609

**FEATURES**

- Entry and positioning for both Abdominal and lower back exercises is easy for users of all levels
- Easily adjust machine Cam to switch between exercises
- Adjustable roller pad helps with ideal positioning between these exercises
- Dual foot bars for lower body stabilization during exercise
- Integrated rep counter and built-in storage on top cap

<b>PRODUCT DIMENSION</b>	1314 x 1119 x 1580mm / 52" x 44" x 62"
<b>WEIGHT STACK</b>	118kg / 260lb (10lb x 8pcs + 20lb x 9pcs) The incremental weight : 5lb
<b>PRODUCT WEIGHT</b>	227kg / 500lb
<b>CARTON DIMENSION</b>	
CARTON A	1390 x 600 x 125mm / 54" x 24" x 5"
CARTON B	1520 x 580 x 260mm / 60" x 23" x 10"
CARTON C	1090 x 730 x 495mm / 43" x 29" x 19"
CARTON D	500 x 180 x 550mm / 20" x 7" x 22"
CARTON E	530 x 500 x 290mm / 21" x 20" x 11"

**ABDOMINAL**



**BACK EXTENSION**

